

## Практическое занятие №25 Виды спорта.

### Грамматика: Past Simple (неправильные глаголы)

#### *Preface*

Thousands years ago ancient Greeks said: “A sound mind is in a sound body.” Millions of people who go in for sports know from their own experience that this famous saying is true.

At the same time a great number of people don't go in for sports. Some of them realize that sport is useful but prefer watching sport on TV to going in for it themselves.

#### **Glossary:**

**to be fond of** – увлекаться  
**tobogganing** – санный спорт  
**excellent opportunities** –  
отличные возможности  
**among** - среди  
**to prefer** - предпочитать  
**to unite** - объединять

**calisthenics** - физподготовка  
**to go in for sport** –  
заниматься спортом  
**to jog** – бегать трусцой  
**to take part** – принимать  
участие  
**important** - важный  
**to keep fit** – поддерживать  
фигуру

#### **1. Прочитайте и переведите текст, используя глоссарий.**

People all over the world are very fond of sports and games. The most popular outdoor winter sports are shooting, hunting, hockey and, in the countries where the weather is frosty and there is much snow -skating, skiing and tobogganing. Some people greatly enjoy figure-skating and ski-jumping.

In summer people have excellent opportunities for swimming, boating, cycling and many other sports. Among outdoor games football takes the first place; this game is played in all the countries of the world. The other games that are very popular in different countries are golf, volley-ball, basket-ball, tennis, cricket and so on.

All the year round many people go in for boxing, gymnastics and calisthenics.

Among indoor games the most popular are billiards, table tennis, draughts and some others, but the great international game is chess, of course. The results of chess tournaments are studied and discussed by thousands of people in different countries.

Sport is very popular in our country. Physical training and sports have become an essential part of most people's life. Sport doesn't only help people to become

strong and healthy. It also helps them in their daily work. There are many stadiums, swimming-pools, gym-halls, sports grounds in our country.

Every year sportsmen set new records in gymnastics, weight lifting, skiing, ski-jumping, skating, rowing, and swimming and so on.

## **2. Ответьте на вопросы по содержанию текста.**

1. Are people all over the world fond of sports and games?
2. What are the most popular outdoor winter sports?
3. What do some people greatly enjoy?
4. What game takes the first place?
5. What other games are very popular?
6. What do people go in for all the year round?
7. What do young girls and women go in for?
8. What indoor games are the most popular?
9. What has become an essential part of people's life?
10. Does sport help people to become stronger and healthier?
11. Do you like sport? Why is sport so important in your life?

## **3. Переведите следующие словосочетания на русский язык.**

People all over the world, outdoor winter sports, shooting, hunting, tobogganing, figure-skating, excellent opportunities, go in for, gymnastics, calisthenics, chess tournaments, essential part, weight lifting.

## **4. Переведите следующие словосочетания на английский язык.**

Зимние виды спорта, стрельба, хоккей, санный спорт, фигурное катание, прыжки с трамплина, прекрасные возможности, легкая атлетика, художественная гимнастика, шашки, шахматный турнир, тяжелая атлетика, гребля, гимнастика, плавательный бассейн.

## **5. Составьте предложения из предложенных слов и переведите их.**

1. to promote (поддерживать), helps, Sport, health.
2. helps, bad habits (вредные привычки), Sport, to get rid of (избавиться).
3. in a good shape (в хорошей форме), helps, Sport, to be.
4. Sport, cheers up (поднимает настроение), always.
5. decreases (сокращает), Fitness, of heart diseases (болезни сердца), your risk.

## **6. Соотнесите названия видов спорта с их описаниями.**

### **Sports**

- 1) cricket
- 2) American football

- 3) football/soccer
- 4) rugby
- 5) tennis
- 6) hockey
- 7) basketball
- 8) volleyball

### **Description**

- a) Played by two teams of eleven players. Every player has a stick. This game is played on the grass and ice.
- b) Played by two teams of five players. Players are usually tall. The game is very fast and the teams score a lot of points.
- c) Played with two people of four people. They play with racquets and a ball. Every year there is a big competition at Wimbledon.
- d) Played by two teams of eleven players. Normally they players all wear white. This sport is popular in the UK, India, Australia and South Africa. A full game can last five days.
- e) Played with two teams of eleven and a ball. Played in nearly every country in the world. It has a World Cup every four years. Brazil won the World Cup in 2002.
- f) Played with two teams and a ball. The men wear a lot of clothes to protect them. They do not kick the ball very much. Most of the time they throw the ball.
- g) Like American football but the players do not wear a lot of protective clothing. There are two teams of fifteen people. This game is played a lot in the UK as well as in Australia and New Zealand.
- h) Played by two teams of six and a ball. They may hit the ball with the hand. Players don't have to touch the net.